THE COOPER LECTURE SERIES
IN COMMUNICATION DISORDERS

Presents
• The Department of Communicative Disorders
• College of Arts and Sciences
• National Student Speech Language Hearing Association
• The University of Alabama Chapter of the

July 31, 2015
Bryant Hall Room 247
NEW LOCATION

Who Should Attend?
This symposium is designed for professionals in speech-language pathology and audiology and for occupational and physical therapists and other professionals who work with individuals with mild concussions.

Program Outline

8:30–8:45 a.m.: Introduction and Overview
8:45–10:15 a.m.: Defining Concussion and Mild Traumatic Brain Injury
10:15–10:30 a.m.: Morning Break
10:30 a.m.–noon: Etiology and Epidemiology
12 noon–1 p.m.: Lunch
1–2 p.m.: Concussion in Sports
2–2:45 p.m.: Community Prevention and Resource Sharing
2:45–3 p.m.: Afternoon Break
3–4 p.m.: Case Studies, Goal Writing and Treatment Planning

NEW LOCATION

Rise School of Tuscaloosa Child Development Resource Center
5th Ave. E.
University Medical Center
To University of Alabama
McFarland Blvd. / U.S. Highway 82

UNIVERSITY BLVD
UA
School of Nursing
J. Stallings Dr.
W                 E
NS

BRYANT HALL
Room 247
Devotie Drive
Smithwood Circle
4th St.
4th St.

* MAP IS NOT TO SCALE

* This is NOT the Bryant Conference Center

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The Concussion Crisis: Understanding and Using Evidence-Based Treatment and Prevention Strategies

Concussion/mild traumatic brain injury (mTBI) currently generates controversial media attention in the sports arena. In actuality, the leading cause of concussion/mTBI is falls, and those most at risk are children from birth to 12 years old, according to the Centers for Disease Control. The number of concussion/mTBIs is growing rapidly as medical professionals and community members struggle to diagnose, treat and understand its implications.

In this presentation, participants will increase their foundational knowledge of concussion/mTBI based on current scientific research while learning to recognize the signs and symptoms of concussion/mTBI in order to form goals and treatment plans. Participants will also be able to dispel myths regarding this national health care concern, explore resources and develop a plan for community education and intervention.

Learning Objectives
1. Define concussion/mild traumatic brain injury (mTBI), post-concussion syndrome and second-impact syndrome
2. Explain the pathophysiology of concussion/mTBI as compared to other forms of brain injury
3. Discuss current research findings and application of research to treatment and prevention
4. Develop goals and activities to address cognitive-linguistic deficits present as a result of concussion/mTBI
5. Apply learned material and developed goals/activities to case studies
6. Review available prevention materials and outline a school/clinic/hospital/community prevention program

This course is offered for up to 0.60 ASHA CEUs (Intermediate level, Professional area).

This event is sponsored in part by the Alabama Board of Examiners for Speech-Language Pathology and Audiology. The Alabama Board of Examiners for Speech-Language Pathology and Audiology does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services.

The Cooper Lecture Series was begun in honor of Crystal S. and Eugene B. Cooper who, over a 30-year period (1966–96), served the Department of Communicative Disorders at The University of Alabama.

Speaker
Hannah Helton, MSP, CCC-SLP, is a speech-language pathologist with 10 years of experience treating concussion/mild traumatic brain injury (mTBI). Helton has worked in a variety of settings, including acute care, inpatient and outpatient rehabilitation, and day-program treatment. For over six years, she worked as the primary speech-language pathologist on the adolescent team at Shepherd Center, treating patients with dual injuries (spinal cord injury with concurrent brain injury).

Helton currently works at Georgia State University as a clinical instructor and supervisor, teaching voice and articulation. She is also employed with Shepherd Center, Integra Rehab and Rehab Without Walls. A 2013 graduate of the American Speech-Language-Hearing Association’s (ASHA) Leaders in Healthcare Leadership Development Program, she is a former ASHA state representative nominee for Georgia and a two-time recipient of the ASHA Award for Continuing Education (ACE). Helton received a Master of Speech Pathology from the University of South Carolina, where she received a certificate of specialization in long-term rehabilitation of brain-injured individuals.

**THE COOPER LECTURE SERIES IN COMMUNICATION DISORDERS**

Name_________________________________________Phone__________________________
Address________________________________________________________________________
City, State, ZIP_________________________________________________________________
Employer________________________________________Email__________________________
__ ABESPA Member ___ SLP ___ AUD ___ Student ___ Other (Specify)____________________

Return registration form along with check payable to NSSLHA to:
University of Alabama Speech and Hearing Center
Attention: NSSLHA
Box 870242 • Tuscaloosa, AL 35487-0242
Fax 205-348-1845 • email: bkucharski@ua.edu for more information

Online registration available at cd.ua.edu. Click on Events

Registration Fees

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For more information, call 205-348-7137.