**Identify the Signs:** Hearing Loss in Adults

- Difficulty following conversations
- Difficulty hearing in noisy environments
- Hearing ringing, roaring, or beeping in one or both ears
- Failure to respond to spoken words
- Muffled hearing
- Constant frustration hearing speech and other sounds
- Avoidance of conversation

Note: Left unaddressed, hearing loss can have a significant impact on a person's overall health, physical safety, and quality of life. It can lead to a higher risk of social isolation, depression, falls and other injuries, and cognitive decline and dementia. Certified audiologists can help.

Find more signs, and how you can connect with help, at [https://IdentifytheSigns.org](https://IdentifytheSigns.org).

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**Identify the Signs:** Hearing Loss in Adults

**What Loved Ones Can Do**

Encourage your loved one to see an audiologist if they:

- Notice any changes in their hearing ability.
- Hear sounds such as ringing, roaring, or beeping in their ear.
- Experience difficulties hearing in noisy environments.
- Need to frequently turn up entertainment devices to hear (example: television).
- Have a history of taking medications that cause hearing loss (called ototoxic medications).
- Have a history of chemotherapy or radiation to the head and neck region.

Encourage your loved one to seek help from an ear, nose, and throat (ENT) doctor as soon as possible if they notice:

- Sudden hearing loss in either ear.
- Drainage of any kind coming from the ears.
- Pain or discomfort in one or both ears.
- Dizziness.

Note: If your loved one is diagnosed with hearing loss, ask their audiologist if they qualify for hearing devices. Also ask for a list of communication tips that you can practice together. There are a few tips that you can give your loved one to improve access to sound.

Find more tips, and how you can connect with help, at [https://IdentifytheSigns.org](https://IdentifytheSigns.org).